



Ysgol Gymuned Lôn Barcas Barker's Lane Community School

NSPCC 'Staying Safe' information for parents

Staying Safe from Abuse

The NSPCC's *Speak out. Stay safe.* programme is visiting Barker's Lane to make sure the pupils have the knowledge and understanding they need to stay safe from abuse.

As you are aware Barker's Lane will be working with the NSPCC, the UK's leading children's charity, who'll be delivering their *Speak out. Stay safe.* programme on Wednesday 13th June. This is a nationwide programme for every primary-school-aged child in the UK and Channel Islands. With the help of their friendly mascot Buddy, they'll be presenting an assembly to the children in school as well as a workshop for Years 5 & 6.

What is the *Speak out, Stay safe* programme?

Through child-friendly, interactive assemblies and workshops their specially trained staff and volunteers will give the children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

The school have seen the content of the materials, have participated with the service previously and are extremely confident that they are appropriate for primary-school-aged children. By the end of the visit, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

If you would like any more information about the NSPCC *Speak out. Stay safe.* programme, including frequently asked questions, you can find it on the NSPCC website nspcc.org.uk/schools or please contact Mrs Edwards at school where more information can be provided.

Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at nspcc.org.uk/pants

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit the website nspcc.org.uk/preventing-abuse/keeping-children-safe/

Staying Safe Online - Will you join us and help keep all children safe online?

O2 and the NSPCC have joined forces on a mission to help all children and their families in the UK stay safe online. Together, they're offering useful tools, support and guidance to help parents and carers have conversations with their children about their online lives.

Online safety workshops for parents

As part of this, they're running free online safety workshops for parents and carers and will be hosting one **Wednesday 13th June 2pm**. We would like to invite all parents and carers to join.

The hour-long workshop will help parents and carers understand their child's online world and build confidence to have those important conversations that can help keep children safe online.

Don't miss out on this great opportunity.

If you need any support or guidance, check out our [website pages](#) and [step-by step guides online](#), call the O2 and NSPCC Online Safety Helpline on 0808 800 5002, or pop into your local O2 store for help from a Guru.

