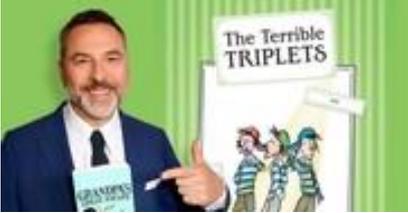


Webpage links

Please find below some webpage links which may be of benefit to you and the children.

Category	Description/Notes/Links
Cookery	<p>The HAPI Cook-a-long</p> <p>If you are looking for some cooking inspiration for the children or just love Richard Shaw (I mean who doesn't?) Using a range of fridge, cupboard and freezer food, he will be providing free tuition videos on his facebook page every Wednesday. You can find his facebook page under 'Cooking Together Wales'</p> <p>https://en-gb.facebook.com/cookingtogetherwales/</p>
Storytime	 <p>The Worlds Worst Children</p> <p>David Walliams has confirmed he will be releasing a free audio story each day for the next 30 days to help keep children entertained amid the coronavirus lockdown</p> <p>https://www.worldofdavidwalliams.com/elevenses/</p>
Maths	<p>Time for some Maths....</p> <p>Carol is offering free maths lessons to children aged between four and 11 while schools are closed. When you visit https://www.themathsfactor.com/ there is a button allowing users to join for free.</p> 
Dance	 <p>Strictly Dancing Star....</p> <p>Oti Mabuse has free dance lessons being streamed through facebook every week day at 11.30am!</p> <p>She is also doing an adults and family class at 19:30 every day!</p> <p>https://www.youtube.com/channel/UC58aowNEXHHnfIR_5YTtP4g</p>
Craft	<p>What are you doing at 11am each week day? Why not join the kids craft club at Hobbycraft for some daily kids crafting?</p> <p>https://www.hobbycraft.co.uk/ideas/kids/kids-craft-club</p>
Advice	<p>As a parent, there are always conversations you'd prefer not to have with your children – and when something as out-of-the-blue and unknown as the coronavirus strikes, it's hard to know where to begin. We give parents and carers advice on how to open a conversation with their child about coronavirus, help them spot misinformation and put their mind at ease. www.parentzone.org.uk</p>
Online Fitness	 <p>freedomleisure where you matter</p> <p>TRAIN AT HOME WITH FREEDOM - STAY ACTIVE</p> <p>We would like to give you the opportunity to have access to up to 16 weeks of FREE home workouts! Technogym have given us access to 16 weeks of exercise & workout content on an easy to navigate app. Choose from bodyweight exercises & cardio programs all designed to keep you active. These workouts can be done at home with no equipment and are absolutely FREE during the COVID-19 disruption.</p> <p>To get this content for FREE all you need to do is:</p> <ol style="list-style-type: none"> 1. Register at https://www.mywellness.com/trainathomewithfreedom 2. Download the mywellness App and sign in with registered details <p>This is FREE content for EVERYONE, together we can workout while the scientists work it out!</p>